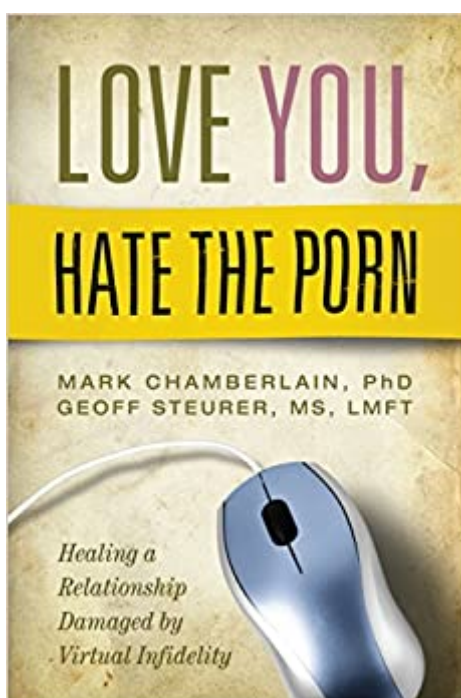


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# Love You, Hate The Porn: Healing A Relationship Damaged By Virtual Infidelity



## Synopsis

A pornography addiction can feel like real infidelity to a spouse. There's nothing virtual about the damage done to a relationship, and the wounds are reopened each time a relapse is discovered. As tough as it is to overcome this addictive habit, healing a marriage damaged by pornography is even harder. For spouses, it's not enough for their partners to simply stop looking at porn. They need healing themselves. Some couples separate and divorce. Others stay together, but the strain of unresolved feelings takes a distinct toll. Many wonder, Can our marriage heal? Will we ever feel close again? Love You, Hate the Porn shows couples how to identify and address vulnerabilities in their relationship. Offers healing advice for spouses. Provides help for the struggling partner to avoid relapse. Focuses on how to make the marriage relationship stronger than it was before.

## Book Information

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## Customer Reviews

Mark Chamberlain, PhD, received his doctorate from Brigham Young University. He is a clinical psychologist specializing in the treatment of pornography addiction and other impulsecontrol problems. He and his wife, Jenny, live in the Salt Lake City area. Geoff Steurer, MS, LMFT, received a master's degree in marriage and family therapy at Auburn University. He is a frequent presenter at state and national conferences on the subjects of marriage, sexual addiction recovery, and other related topics. He and his wife, Jody, are the parents of four children and reside in St. George, Utah.

This book is difficult. As the woman, I thought the man would benefit more from reading this and thought it had tons of good stuff in it for him. He read it and said it had some good stuff in it, but overall he found it sexiest (he says the make men out to be idiots in the book, I didn't get that...maybe it's a sign he wasn't ready for this step, I'm not sure). Overall, not super helpful for the woman trying to move on and get over it.

Not just for wives of men who are addicted to pornography. This helped me as well, to understand what she is going through.

This is by far the best book on this subject for both wife/husband to read. It gives you everyday situations/responses/reactions for both to see that this is a very real problem. It helped me as a wife to see that I'm not crazy for what and how I'm feeling in my relationship for what has been done. It gives you practical guidance for both. Excellent.

Very helpful in understanding how to navigate early recovery for him and her when sexual addiction is being felt with in a marriage. I highly recommend this book to anyone who is struggling with sexual addiction.

I bought this book with a little hope that it would actually help...but with a try. I have to say, it was the first book I've seen that focuses on a porn addiction and not a sex addiction. It doesn't belittle the addiction for the addict, nor does it lessen the pain the spouse experiences because of the lies and hurt that comes from such an addiction. It is written by a therapist, with real stories that are dead on how the spouse feels. Most of the time I felt this relief that the book said exactly how I felt....also there is homework for the couple. That was really good too.

I purchased this book after the discovery of my husband using porn- I wasn't sure what to feel or how to handle the situation. This book really helped, as it focuses on how to heal your relationship without religious undertones. It describes real reasons that people rely on porn and become so addicted to it. I would highly recommend this book for anyone struggling with this issue! Good luck!

I and my husband were going through the process of individual therapy, now we have our 1st appointment to go together as a couple as now all secrets have been exposed. I was instructed by his therapist to put a blocker on his iPad and his iPhone. When I suggested it, he said NO, yet when

the therapist did, it was okay. So upon looking into them, my first suggestion was Nanny Net and this is where I came across this book while listening to Geoff's 60 minute webinar. Everything he said hits home and is right on the money. I work out of state Mon- Fri and he travels 5 days a week at times for 2-3 days at a time. We don't always have the same days off yet we find time for each other, even now. ALWAYS, so Yes as a woman in this situation with all the children grown up, you do doubt yourself. You are not to blame for others choices only your own. Well when I initially found out, I was shattered. Completely broken, yet I found the strength to let him explain what I had just found out. Trust me it was much more than watching porn and the feel good feeling. So much more, completely broke the trust that was never an issue. Through hard work as individuals, as well as a couple, we firmly believe that we will repair the damage to our marriage. We listen to each others feelings, may not like them but listen. Yes at times they turn to arguments, but then we continue to talk. Geoff is right, men want to shutdown, they want to shutdown the shame, guilt and pain they caused themselves as well as the pain the caused their spouse. Women are emotional yet they or at least I at times also want to shutdown, but I refuse. Read this book and as many others that you need. If you want to save your marriage you will. Find a support person, therapist whomever. The only question I have is why are there so many group meetings for those with this addiction and I can't find any for the victim? Does anyone know of any in the South New Jersey area?

same as other porn problem books, very informative and comprehensible...i forgot which part it was that i didn't agree but, for the most, i remember, nodding with what the author was saying...a must have for people who wants to understand someones porn problem

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